# Chapter 40 Stress Generation

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Table 1

Examples of Independent, Dependent-Interpersonal, and Dependent-Noninterpersonal Stress Life Events

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| Independent | Earthquake causes damage to foundation, costing S $50,000 to repair  Sa is laid off from his job as a machinist due to the closure of his department  S's sister, with whom she is close, is diagnosed with multiple sclerosis  S's close friend attempts suicide following a romantic relationship breakup  A routine mammogram discovers a lump in S's breast.  S's brother and his wife have their first child. This is S's first niece. |
| Dependent-interpersonal | S and her mother have a heated argument, which results in not speaking for several days.  S breaks up with his girlfriend of 6 months because he feels they are not compatible.  S supports her best friend who is in crisis following an episode of spousal abuse.  S decides to reconcile with his sister after 2 years of not speaking.  S and her four siblings have a large argument regarding the distribution of their father's estate.  S serves as the maid-of-honor at her sister's wedding. |
| Dependent-noninterpersonal | S is fired from her job as a cashier due to chronic tardiness.  S causes a fender-bender. There were no injuries or damages, but her insurance will go up.  S finds out he did very poorly on his graduate record examination.  S receives a notice from creditors that they will begin garnisheeing his wages.  S moves from her parent's house to a rented house with three friends. |

a S = Subject (the respondent, or actor in the event).